

CULTURE & ADVENTURE – TAILOR MADE TOUR OF PERU

Initial Itinerary Proposal

This best-of-Peru journey offers a mix of cultural and scenic attractions and includes various insider tips and not-to miss attractions.

Please let us know if you are happy with our ideas and if you would like to make any changes to make your trip even more memorable. We have not always listed hotels in this first draft because we would like to know more about your potential budget and the type of accommodation you prefer to allow us to suggest a more detailed itinerary.

ITINERARY FOR 13 DAYS - 12 NIGHTS

Country	:	Peru
Cities	:	Lima (3 nights) – Arequipa (1 night) – Colca Canyon (1 night) – Puno (2 nights) – Cusco (3 nights) – Machu Picchu (1 night) – Sacred Valley (1 night)
Brand	:	Peru Classic
Type of Service	:	Tailor-Made Peru
Type of Interest	:	Inca Culture – Archaeology – Nature
Category	:	Tourist Superior
Language	:	English

Day 1: Arrival to Lima

Day 2: Lima - City Tour

Day 3: Lima – Arequipa

Day 4: Arequipa - Colca Canyon

Day 5: Colca Canyon - Puno

Day 6: Puno

Day 7: Puno - Cusco

Day 8: Cusco

Day 9: Cusco - Sacred Valley - Machu Picchu

Day 10: Machu Picchu – Sacred Valley

Day 11: Sacred Valley - Cusco

Day 12: Cusco - Lima

Day 13: Lima - Departure

ITINERARY IN DETAIL

DAY 1: ARRIVAL TO LIMA

Welcome from our staff at the airport in Lima and transfer to hotel. Receive your “Travel Pack”, which includes all your travel documents - itinerary, air, train and bus tickets, as well as hotel information.

Accommodation	: Radisson Decapolis Miraflores
Altitude	: 144 m.a.s.l. / 472 ft.

DAY 2: LIMA - CITY TOUR

Visit colonial Lima; the Cathedral in the Main Square is on the same site the original building from 1555. After the earthquake in 1746, the Cathedral was rebuilt under the direction of Juan Rehr, a Jesuit priest. Both its facade and interior are austere with ornate wooden choir stalls, altars, and the tomb of Francisco Pizarro who died in 1541. Later visit the Church of San Francisco, its convent, the Art Museum, cloisters and catacombs.

Take in a panoramic view of the Main Square with the Government Palace, the Municipal Hall and the “Desamparados” Train Station before driving through the old streets lined with traditional mansions and Moorish style balconies. Continue through classic and modern Lima and enjoy an amazing view of the Pacific Ocean.

Visit the Rafael Larco Herrera Museum, founded in 1926, which houses the world’s largest private collection of pre-Columbian art. The collection concentrates on the refined ceramics of the Moche Dynasty and the people who lived along the northern coast of Peru between 200 and 700 AD. Learn about their religion, agriculture, transport, dance and music through their ceramic designs and forms.

DAY 3: LIMA – AREQUIPA

Transfer to the airport to board a flight to Arequipa; a beautiful Spanish colonial city nestled beneath the majestic Misti Volcano. Transfer to hotel.

In the afternoon take a city tour, including the famous Santa Catalina Convent, the most important in Peru and a walled citadel of over 20,000 m², which for four centuries served as the only physical world for several generations of cloistered nuns.

Visit the Church Cloisters of the Company, a tremendous collection of domes and arches, galleries and alters. Other places of interest are the Complex of San Francisco and the Cathedral located in the main square, considered to be one of the largest in South America.

Finally, tour around the Spanish colonial district of Yanahuara, 2 km from the city centre, over narrow cobblestone streets and past old volcanic white stone houses. From the viewpoint there is a magnificent view of the city and its three volcanoes: Misti, Chachani and Pichu Pichu. Return to the hotel.

Activity of the Day	: City Tour & Convent of Santa Catalina (Private Tour - 3 hours)
Level	: Easy
Meals	: Breakfast
Altitude	: 2,335 m.a.s.l. / 7,661 ft.

DAY 4: AREQUIPA - COLCA CANYON

After breakfast travel to one of the deepest canyons in the world - "The Colca Canyon." The tour begins leaving the "White City" of Arequipa, and crosses the snow-capped Misti, Chachani and the Ampato Volcanoes to arrive at the Colca Canyon. See the majestic Andean Condor soaring overhead and elegant vicuñas wandering the high plains, and pass through the villages of Torja, Chucura, Patapampa with their colonial churches and Inca Terraces.

In the afternoon either visit the village of Chivay or enjoy La Calera thermo-medicinal baths.

Activity of the Day	: Journey Arequipa - Colca (Private Tour - 5 hours)
Level	: Easy
Accommodation	: Colca Lodge
Type of Room	: Standard
Altitude	: 3,400 m.a.s.l. / 11,155 ft.

DAY 5: COLCA CANYON - PUNO

Early in the morning leave for the "Cruz del Condor" where condors can be spotted circling above still farmed pre-Hispanic terraces. Enjoy the impressive panorama of the Colca Canyon (3,180 m). On the way visit the highest point to look out over Wayrapunko, Antahuilque and Choquetico and see the famous hanging tombs. Arrive at Yanque, visit its beautiful church and its characteristic cobbled stone streets, carry on through Maca for Chivay.

Leave for Puno in the afternoon, passing by Lagunillas to see the typical flora of the area, wild birds, sheep, vicuñas and llamas with the Andes in the background.

Activity of the Day	: "Cruz del Condor" Excursion (Private Tour - 4 hours) Journey to Puno (Private Tour - 6 hours)
Level	: Easy
Altitude	: 3,811 m.a.s.l. / 12,504 ft.

DAY 6: PUNO

In the morning begin a full-day visit to "Uros", the floating island on Lake Titicaca 4 km / 2.5 miles from Puno. The original inhabitants of these floating islands are said to descend from one of the most ancient peoples of the Americas, and practice their ancient traditions to this day. Their totora reed dwellings are built on the surface of Lake Titicaca.

Afterwards sail to the Island of Taquile, where time appears to have stopped. The Mediterranean atmosphere is striking. Climb stone steps up to the village built around the square. The 350 families are descendants of the Incas and are famous for their textiles, such as their beautifully woven chumpis (belts), chullos (caps), and ojotas (and sandals). Village authorities can be identified by their black or brown hats.

Taquile also offers magnificent views of the impressive snow-capped peaks of the Cordillera Real (Royal Mountain Range).

Activity of the Day	: Full Day Uros & Taquile Islands (Group Tour with private guide - 8 hours)
Altitude	: 3,811 m.a.s.l. / 12,504 ft.

DAY 7: PUNO - CUSCO

Transfer to the train station after breakfast to board the train for Cusco, crossing the highlands passing by the villages of Pucara, Racchi and Andahuaylillas. Transfer to hotel.

Activity of the Day	: Journey from Puno to Cusco (10 hours)
Level	: Easy
Altitude	: 3,399 m.a.s.l. / 11,152 ft.

DAY 8: CUSCO

Early pick up from hotel to start a city tour visiting Cusco's historical Inca and Spanish colonial monuments, such as the Main Square, known in Inca times as Huacaypata or the Warrior's Square, where many key events in Cusco's history took place.

The Cathedral, originally built on the site of the old temple of Suntur Wasi (House of God), is now the church of El Triunfo. Of particular interest are the choir cloisters, the pulpit, the engravings on the altar and the furniture.

Go on to visit the Church and Convent of Santo Domingo, a Spanish construction belonging to the Dominican Order built on the foundations of the Inca temple of Koricancha or Temple of the Sun. Koricancha (place of gold in Quechua) was the main religious building of the Incas. Dedicated to the worship of the sun, the walls of the temple were once covered with sheets of gold. Magnificent blocks of finely carved stone were used in its construction.

After the city tour visit the ruins outside the city of Cusco, Sacsayhuaman, a huge Inca fortress built on three 360 m long overlapping platforms. Continue on to Tambomachay, known as the Inca baths. Apparently it was a site dedicated to the worship of water and a resting place for the Inca monarch.

Visit Kenko with a huge 5.9 m-high stone block that looks like a puma, and passages, canals and stairways with stone engravings representing animals. Finally see Puca Pucará, which was an administrative and military centre formed by terraces, stairways, passages, turrets and vaulted niches.

Activity of the Day	: City Tour & Surrounding Ruins (Private Tour - 4 hours)
Level	: Easy
Altitude	: 3,399 m.a.s.l. / 11,152 ft.

DAY 9: CUSCO - SACRED VALLEY - MACHU PICCHU

Type of Transport	Specification	Departure	Duration
Train: Ollantaytambo - Machu Picchu	First Class	-	2 h

After breakfast depart for Chinchero, whose church was built on Inca temples and palaces. Visit one of the dye and fabric workshops, then travel on to Moray. En route enjoy scenery and see daily life in the countryside. Make a brief stop at Qorimarca to observe the Eastern Andean Mountain Range. Pass by the Piuray Lagoon. The guide will explain the geology of this area and cultural aspects related to agriculture, handicrafts, health, education and local traditions.

Visit the famous circular terraces of Moray; your guide will give a presentation on their role in Inca times. Then continue through the colonial town of Maras for a brief visit through the main street to

Discover Peru
Suggested itinerary for exploring the real South America with HighLives Travel

observe the lintels of the front doors decorated with baroque motifs and heraldic shields of the families of that time.

Enjoy a buffet lunch and then leave for the town of Ollantaytambo, with its distinct Inca urban planning, visit the religious, astronomical and military complex and observe how the ancient Peruvians moved boulders weighing nearly 60 tonnes from one mountain to another and across the river and valley.

Board the train to Aguas Calientes.

Activity of the Day	: Tour Sacred Valley (Private Tour - 8 hours)
Level	: Easy
Meals	: Breakfast - Lunch - Dinner
Accommodation	: Inkaterra Machu Picchu Pueblo
Altitude	: 2,400 m.a.s.l. / 7,874 ft.

DAY 10: MACHU PICCHU – SACRED VALLEY

Type of Transport	Specification	Departure	Duration
Train: Machu Picchu - Ollantaytambo	First Class	-	2 hours

Transfer to the Machu Picchu citadel.

On arrival to Machu Picchu begin a tour of the citadel with an in-depth explanation of the history of this enigmatic impressive place.

The citadel was built between two mountains: the Machu Picchu (old mountain) and Huayna Picchu (young mountain), at the foot of which meanders the Urubamba or Vilcanota River (lower jungle featuring abundant flora and fauna).

Later transfer back to Aguas Calientes to board the train back to the Sacred Valley.

Activity of the Day	: Tour of Machu Picchu (Private Tour - 3 hours)
Meals	: Breakfast
Altitude	: 2,800 m.a.s.l. / 9,187 ft.

DAY 11: SACRED VALLEY - CUSCO

Drive back to Cusco in the morning. On the way visit the archaeological complex of Pisac, stop en route to take photos and admire the Pucara Bulls on the roofs of Andean houses. These small bulls are amulets to bring wealth to the household and are usually given as gifts at weddings. On arrival to the archaeological complex of Pisac begin a tour of the site, appreciate the magnificent Andean terraces, which were built to increase farmlands, visit the artisan market of Pisac - a colourful local event that over the centuries has attracted local traders and people from remote communities throughout the valley dressed in their traditional clothes, enjoy the opportunity to interact with local people, appreciate their craftsmanship, handicrafts and local fruit and vegetable stalls.

Activity of the Day	: Visit Pisac and the Sacred Valley (Private Tour - 8 hours)
Level	: Easy
Altitude	: 3,399 m.a.s.l. / 11,152 ft.

Discover Peru
Suggested itinerary for exploring the real South America with HighLives Travel

DAY 12: CUSCO - LIMA

Transfer to the airport to board flight to Lima. Upon arrival, reception and transfer to hotel.

Meals	:	Breakfast
Accommodation	:	Radisson Decapolis Miraflores
Type of Room	:	Junior Suite
Altitude	:	144 m.a.s.l. / 472 ft.

DAY 13: LIMA - DEPARTURE

Transfer to the airport to board flight back home.

Please Note: There may be changes to flights, etc. due to inclement weather; you will be informed of any changes upon your arrival or when necessary.

Useful Information:

Tipping Policy

Tips are not included in the price and are not obligatory; however, should you wish to show your appreciation of the different services you receive, you are welcome to leave a tip.

Machu Picchu Visitor Guidelines.

The INC (National Cultural Institute) has set out the following rules for all visitors to Machu Picchu:

1. Only 1 bag (under 20 litres) is allowed per visitor.
2. Drinks can only be taken in water containers; disposable plastic bottles are not permitted in the archaeological monument (District Municipality of Machu Picchu Law N° 008-2008/MDM Nov 12, 2008).
3. Only the elderly or disabled people may use walking sticks or canes.
4. Climbing on Inca walls is not permitted.
5. Bonfires are not permitted.
6. Do not litter.
7. Bathrooms are located outside the ruins.
8. Preserve local flora and fauna.
9. Do not whistle, shout or make a noise.
10. Professional photography or filming is only allowed with official authorisation from the Cusco Regional Cultural Organisation.
11. Many visitors like to take photos as a hobby and may carry professional equipment. In this case they are only allowed to carry standard lenses (17 – 50 mm or other lenses catalogued as standard).
12. Take care to follow the signalled paths; please do not enter restricted areas.
13. Graffiti and writing on the walls or floors is forbidden.

Machu Picchu Train Guidelines:

1. All passengers must arrive at the station at least 30 minutes prior to departure.
2. Each passenger (travelling alone or in a group) must board the train showing their ticket and identification card (copy or original).
3. Each passenger may take one bag only according to the restrictions below:

1 bag or back pack	5 kg/11 lb	62 inches/157 cm (length + height + width)
--------------------	------------	---

Any luggage that exceeds these measurements will not be allowed on the site.

Discover Peru

Suggested itinerary for exploring the real South America with HighLives Travel

PRICE PER PERSON:

Tour: from £2,900 (Excludes flights)

Transatlantic flight: from £1,100 (Flights are with Avianca from London Gatwick)

Internal flights: £350 approx

Single supplement: £550

Bolivia extension: £990

PRICE INCLUDES:

Accommodation in three star hotels

English-speaking guide

Transfers

Meals: Breakfast only

Discover Peru
Suggested itinerary for exploring the real South America with HighLives Travel

GENERAL CONDITIONS

1. The Itinerary might be modified according to airline schedules and weather and social conditions.
2. This is a formal quote but final confirmation of the price will be given before payment.

HIGHLIVES LTD – BOOKING TERMS AND CONDITIONS

HighLives Ltd. Booking Terms and Conditions

Your contract is made with HighLives Ltd, registered in England and Wales, number 7024516, registered office: 48 Fernthorpe Road, London, SW16 6DR. All flights including flights sold by HighLives are ATOL protected. The HighLives ATOL number is T380. HighLives is a member of the Travel Trust Association, membership number U8743.

All funds paid to HighLives Ltd are held in HighLives' Trust Account; all bookings made with HighLives Ltd are financially protected under the relevant supplier's customer protection bonds. In the unlikely event of our insolvency, the Travel Trust Association will ensure that you are not stranded abroad and will arrange to refund any money you have paid to us for an advanced booking. For further information visit the Travel Trust Association website at www.traveltrust.co.uk.

The following are HighLives' booking conditions:

1. Making a booking

When making a booking, you (the main traveller listed on the booking) guarantee that you have the authority to accept, and do accept for you and on behalf of your party, that you are subject to the following conditions and that you are aware of the conditions you will face when travelling to Latin America. Your contract with HighLives Ltd is also subject to the terms and conditions of carriage of any airline used.

2. Holiday bookings not including flights

For holidays booked with HighLives Ltd that do not include flights, in accordance with "The Package Travel, Package Holidays and Package Tours Regulations 1992", all UK passengers booking with HighLives Ltd are fully protected for the initial deposit and subsequently the balance of all money paid to us, arising from cancellation or curtailment of travel arrangements due to the insolvency of HighLives Ltd.

3. Booking

To book a tour send the completed booking form together with a non-refundable deposit. The balance of the fees for the tour is due sixty days prior to departure. No reminder will be sent, so if we have not received payment by the due date we will regard the booking as cancelled.

Cancellation charges:

60 days or more before departure	Deposit only
59 to 30 days before departure:	60% of tour fee
29 to 0 days before departure:	100% of tour fee

4. Extra charges before departure

We reserve the right to increase the price of a holiday up to 30 days before departure by a maximum of 10% of the total cost, to cover unforeseen additional fuel costs, taxes or exchange rate changes not covered in the initial quote.

5. Extra Charges and Taxes

Most of the activities will be included in the total cost; however some destinations require that each visitor pays additional costs such as entrance fees in person. HighLives Ltd. will inform you in your quote when this will happen. Some taxes, including UK Airport Departure Tax (APD) and certain 'transit' taxes, are paid in the UK and are included in the booking price. However, airport taxes for both domestic and international travel are charged at check-in by most South American airports. HighLives cannot accept any liability for tax collected incorrectly in Latin America. If you break your journey for a stopover in the USA or Europe you may be asked to pay local airport taxes. Where travel originates at the other end ('inbounds'),

Discover Peru
Suggested itinerary for exploring the real South America with HighLives Travel

many South American countries charge a substantial exit tax (in addition to airport tax) and this cannot usually be collected when tickets are paid for.

6. Changes made by HighLives to your holiday

Some of our tours require a minimum number of people to go ahead. If we have to cancel your trip due to insufficient numbers a full refund will be given. If we cancel your tour we will advise you at least 30 days prior to the departure date.

Alternatively, in the event of HighLives Ltd having to alter, amend or cancel your holiday up to 30 days before your departure date, we will provide you with the following three alternatives : 1. Accept the alternative offered (at an additional cost if applicable). 2. Purchase another available holiday from us. 3. Cancel your holiday with a full refund of all the monies paid.

7. Unforeseen cancellations and delays

HighLives Ltd cannot be held responsible for; the consequences of any delays, expenses incurred or alterations caused by illness, weather, war, terrorism, political events, civil strife, strikes, natural disaster, technical difficulties or any event beyond our control. HighLives Ltd cannot be liable for any compensation if we are forced to cancel or in any way change your holiday as a result of situations beyond our control which neither we nor our suppliers could foresee or forestall even with all due care. For example technical or maintenance problems with transport, changes imposed by rescheduling or cancellation of flights by an airline, the alteration of the airline or aircraft type, war or threat of war or civil unrest, civil strife, industrial disputes, natural disaster, fire or bad weather, terrorist activity, industrial disputes, natural or nuclear disaster.

8. Changes to your tour made by you before departure

If you decide to change any part of a confirmed booking up to 60 days before departure, HighLives will try to assist but will charge for any additional holiday costs incurred, including cancellation charges that may be incurred for services cancelled. We reserve the right to add an administration charge of £35 per person. Any amendments must be made in writing by the main passenger on the booking. Alterations within the cancellations period listed in point 3 before departure we may choose to treat as a cancellation, and the penalties hereunder will apply.

9. Cancellations by you

Any client who wishes to cancel a booking must do so in writing and the fees listed in point 3 will be charged. Cancellations will take effect the day said written notification is received by us.

10. Independent arrangements

If you have already made some of your arrangements independently, such as flights, accommodation or transport reservations when you book tailor-made/ bespoke arrangements with us, please note we accept no liability for these independent arrangements or where your booked itinerary with HighLives Ltd is discontinuous. In these circumstances if, for example, you arrive late to join a trip or to make onward connections, we shall endeavour to rearrange hotels and transfers, but we accept liability only for the elements of the itinerary that we are contracted to provide but you might have to pay an additional fee due to delays and cancellations.

11. Health and Safety

Some of our tours involve travel in remote, mountainous regions, at high altitudes, where amenities and medical facilities are few and far between. Every effort is made to ensure your safety and well being, but bookings are accepted on the understanding that you appreciate the risks and hazards associated with this sort of travel. HighLives Ltd. will not accept responsibility for accidents, injury, lack of fitness, carelessness, illness, negligence or lack of punctuality attributable to the customer. If you have any disability or illness, you must inform us at the time of booking the holiday so advice can be given on the suitability of the trip. A letter from you GP will be requested by HighLives Ltd. should we think is necessary before finalising a booking.

12. Insurance

All customers must be fully insured for the duration of the tour. Customers are responsible for arranging their own insurance which must cover medical expenses, injury, death, rescue, helicopter rescue (if appropriate), repatriation, cancellation and curtailment. Customers must provide HighLives Ltd with evidence of their insurance. We recommend you take out insurance at the time of booking and double check the small print to ensure it covers all activities you are involved in and that you are covered in case of tour and flight cancellations due to bad weather, terrorist acts or any unforeseen circumstances beyond our control and responsibilities.

Discover Peru
Suggested itinerary for exploring the real South America with HighLives Travel

13. International flights

With regard to international flights: HighLives Ltd can book flights for customers as we are an ATOL bonded agency. HighLives Ltd cannot however take responsibility for changes or alterations made by any airlines to any flights whether booked directly by you or through HighLives Ltd.

14. Personal items and baggage

Personal items and baggage remain at all times the responsibility of the customer. In addition responsibility must be accepted for any equipment loaned to you, and you must agree to pay for any loss or damage caused to this equipment while in your care.

15. Visas

At this moment, British and EU citizens do not require a visa to visit Peru, Bolivia, Chile or Argentina. Customers of any other nationality should inform us at the time of booking so we can advise on the current situation. A full British passport, valid for at least one year beyond the return date, is required by British citizens travelling on our tours. You are responsible for arranging your passport, and any necessary visas and vaccination certificates. Please check with the relevant embassy for the latest requirements with regard to visas and vaccinations.

16. Guide decisions

Due to the adventurous nature of the tours, all customers must at all times agree to comply with the decisions taken by the guide.

17. Complaints

Should you have a complaint about the tour, contact us immediately on our emergency number, HighLives Ltd will try to make sure the complaint is dealt with at destination. If you are unable to contact us, your complaint must be made by letter and received by HighLives Ltd within 14 days of the end of the tour.

18. Jurisdiction

In the unlikely event of any sort of dispute arising, the Laws of England shall apply. If the dispute cannot be resolved directly between us within 6 weeks of written intimation of the dispute, both HighLives Ltd. and the customer shall attempt to settle the dispute by mediation. A mediator will be selected with the assistance of the Law Society of England. If the mediation is unsuccessful, the English courts shall have jurisdiction.